



STUDY TIPS

FOR

EXAM PERIOD

SET A STUDY TIMETABLE

SET A STUDY SCHEDULE

Block out a time of the day that you will dedicate to studying. This way you will be in the mindset to study and won't feel guilty when it is time to relax. During the dedicated study time, avoid procrastination!

PLAN YOUR UNITS

Check the dates for your exams and add that into your diary (Or use the MAMEC study planner)! Plan your exam revision around the exam dates. Fill out the planner with a checklist of all the lectures and problem sets to revise for each unit

TAKE BREAKS

Don't burn yourself out! It's important to rest your eyes and to get some exercise each day. Include time to read, play video games, sit in the backyard or just scroll thorough tiktok.

STAY CONNECTED

Try to find others in your units to help each other with exam revision! Keep your eye out on the MAMEC discord because we will be hosting some study groups for certain units!