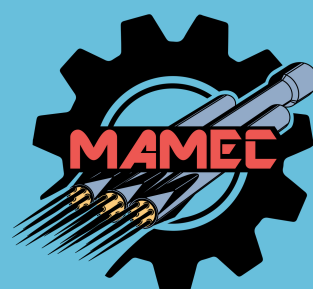


NON-STUDY ACTIVITIES TO DO AT HOME



Learn a Language

Take some time each day to learn a language. Use apps like memrise and duolingo to do so. Don't just stop there, instead broaden your knowledge by learning about the culture and country of the language you chose.



Complete a Short Course

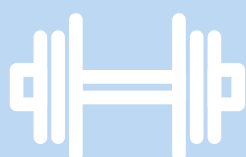
- Google Courses
- Codecademy
- Monash Short Courses

Are just a few online courses you can complete online.



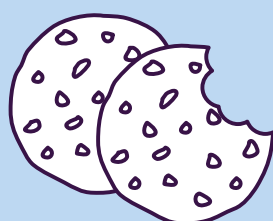
Create and Keep a Journal

Journals are a great way to reduce stress and to improve creativity. Use one to remember important deadlines due, track progress on learning new skills and saving any of those awesome ideas you have throughout the day



Workout or go for a walk

It's important to rest your eyes and to get some exercise each day. Try a workout off of youtube or find a walking track near you.



Cook or Bake something New

Try cooking or baking something you've never done before. Making some delicious cookies would be a great way to break up studying and create a great snack for long study sessions.

TRY SOMETHING NEW!!